



2023 KEEPUP KANGA CUP INFORMATION GUIDE







THE KEEPUP KANGA CUP

The KEEPUP Kanga Cup is the biggest international youth football tournament in the Southern Hemisphere and one of the top five tournaments of its kind in the world!

The KEEPUP Kanga Cup strives towards its philosophy and mission *“Uniting the Youth of the World through Football”* and as such the tournament provides an opportunity for participants to meet players from all over Australia as well

as overseas. Past international teams have been from Fiji, South Africa, Korea, Georgia, England, New Zealand, the United States of America, Chinese Taipei and many more.

The 2023 KEEPUP Kanga Cup will be held over six days, from 2nd – 7th July in Canberra, Australia’s capital city.



THE KEEPUP KANGA CUP

The KEEPUP Kanga Cup had humble beginnings, starting in 1991 in Sydney before moving to its new home of Canberra in 1993. The inaugural KEEPUP Kanga Cup had just 35 teams participate; the 2019 edition had over 320 teams take part, seeing 5500 participants from Australia and overseas meet in Canberra for a week of football, culture, fun and friendship like no other. 2020 and 2021 did not host KEEPUP Kanga Cup due to novel Covid -19. 2022 saw the return of the tournament celebrating its 30th anniversary with 240 team competing in a week-long competition.

THE 2023 KEEPUP KANGA CUP

We are expecting to reach capacity in 2023, and hence we would encourage teams to register for the 2023 KEEPUP Kanga Cup as soon as possible.

To register go to <http://kangacup.com>



DISCOVER OUR NATION'S CAPITAL

Australia's KEEPUP Kanga Cup capital, Canberra, is a destination on the rise. From famed national attractions to foodie hotspots and spectacular natural surrounds – Canberra has something for everyone.

While Canberra may be the political hub of the nation, this young, modern capital city is the place to discover Australia's stories through national attractions that hold and share the essence of Australia. The city, with a population of 456,652 people, is designed around Lake Burley Griffin, a man-made lake popular with cyclists, walkers and joggers, and is an easy 2.5 hour drive to both the pristine South Coast of New South Wales and the scenic Snowy Mountains.

Canberra has a vibrant foodie scene, with popular dining and entertainment precincts located in the city centre, Braddon, Manuka, Kingston and Dickson. Braddon's Lonsdale Street and the New Acton precincts are fast becoming hipster hot spots, with an eclectic mix of wine bars, restaurants, and cool coffee shops.

The capital offers visitors a perfect blend of arts and culture, outdoor activities plus family friendly attractions, such as Questacon – The National Science and Technology Centre, to both entertain and educate children.

See how Australia's elite athletes train at the Australian Institute of Sport, marvel at the largest collection of Australian Indigenous art in the world at the National Gallery of Australia, visit one of the world's great museums – the moving Australian War Memorial and discover the place where Australia's stories live at the National Museum of Australia.





TOURNAMENT INFORMATION

PARTICIPATION

Team eligibility – entry is available to affiliated clubs/associations of a Football Australia member (state federation) or another FIFA National Football Federation, and schools (conditions apply). Australian teams must be sanctioned by their association and Member Federation, and all international teams must be sanctioned by their National Football Federation.

Player eligibility – all players registered to a team in the competition must be nationally registered players for 2023.

AGE GROUPS – BOYS & GIRLS

U9	Born on or after 1/1/14
U10	Born on or after 1/1/13
U11	Born on or after 1/1/12
U12	Born on or after 1/1/11
U13	Born on or after 1/1/10
U14	Born on or after 1/1/09
U15	Born on or after 1/1/08
U16	Born on or after 1/1/07
U17	Born on or after 1/1/06
U18	Born on or after 1/1/05

PLAYING SQUADS

U9	12 players + 3 team officials
U10 - U12, AWD	14 players + 3 team officials
U13 - U18	16 players + 3 team officials

CATEGORIES

Three divisions are offered in most age groups.

Cup Competition: Premier League teams, district representatives, academies, and division one teams.

Plate Competition: Newly promoted division one teams and division two teams.

Shield Competition: Developing teams from lower divisions.

Due to the historically low number of entries in certain age groups, not all levels categories will be offered to every age group. Teams are to nominate into an appropriate level of competition for the age group.

Teams are required to provide records of their 2022 standings from their association competitions on registration. The KEEPUK Kanga Cup Organising Committee (KCOC) reserves the right to place teams into divisions that differ from a team's nomination.

MATCH FORMATS

	U9	U10-11	U12	U13	U14-18
PLAYERS	7v7	9v9	9v9	11v11	11v11
FIELD SIZE (MIN)	Length 40m x Width 30m	Length 60m x Width 40m	Length 60m x Width 40m	Length 90m-120m x Width 45-90m	Length 90m-120m x Width 45-90m
PLAYING TIMES	2x20 min (5min HT)	2x25 min (5min HT)	2x30 min (5min HT)	2x30 min (5min HT)	2x35 min (5min HT)
OFFSIDE	NO	NO	NO	YES	YES
Ball Size	3	4	4	4	5

All games are played in alignment with FIFA laws and Football Australia guidelines.

EXTRA TIME & FINALS

There will be no extra time played in any Group Stage Matches. Should scores be equal at the conclusion of a Championship Series Match, extra time shall be played in accordance with the following:

- U9 – U12: 5 min each way
- U13 – U18: 10 min each way

If at the end of extra time, scores are still drawn, alternate kicks from the penalty mark shall be taken to determine the winner.

DISPENSATION

The process regarding applying for dispensations can be found on the [Kanga Cup Website](#).

Underage – Clubs wishing to have players play more than two years above their birth year must make a formal request on club letterhead containing relevant documentation.

Over Age players – A team wishing to play a player in an age group below his/her birth year must submit grounds for request in writing on club letterhead to the KEEPUP Kanga Cup Organising Committee.

Biological Maturation – Players who are classified as late developers as per the biological maturation testing process relating to peak height velocity.

Player loans – A team may borrow up to three players from another club/s *within their association* to make up team numbers. Teams wishing to borrow players from another club will be required to seek approval from the KEEPUP Kanga Cup Organising Committee in writing on signed club letterhead, with written permission from the player's usual club releasing them for the duration of the tournament.

ACCREDITATION & PROOF OF AGE

All officials will receive tournament identification in the form of passes for officials. All players will be required to register on Dribl and will be required to carry an ID Card using the KEEPUP Kanga Cup ID template which will be available on the website and will provide access to all matches, special events and special deals (e.g. discounts).

SANCTIONING AND INSURANCE

Australian teams – All Australian teams must include a letter of sanction from their Member Federation to fulfil the protocols involved with visiting another part of the Australian Football Family. Letters of sanction need to state that registered participants of the travelling team are covered by the Member Federation's insurance. Please check with your Member Federation that this is the case. All academies, composite teams or non-affiliated clubs are required to submit an application to participate in the KEEPUP Kanga Cup. Players that are not registered to a Football Australia associated Club, will need to register through to KEEPUP Kanga Cup product on [Play Football](#) for insurance purposes. We strongly encourage participants to also take out personal sports injury/private health insurance.

International teams – Entry to the KEEPUP Kanga Cup is only available to an affiliated club of a member of an international Football Association affiliated with FIFA or a school. All international teams must include a letter of sanction from their National Football Association (or school) to fulfil the protocols involved with visiting another part of the International Football Family. Academies will also be considered upon their submission of an application to participate in the KEEPUP Kanga Cup. International teams must also have proof of travel insurance.

VENUES

The KEEPUP Kanga Cup games are played at a host of venues across Canberra, presenting you with a great opportunity to see all that Canberra has to offer.

ACCOMMODATION



Performance Travel is the official travel provider for the 2023 KEEPUP Kanga Cup. Contact Performance Travel for an obligation-free quote today and save time and money when you book through Jack and his team.

Book through Performance Travel for:

- Airline travel
- Team bus travel
- Accommodation
- Group bookings for teams
- Family bookings for individuals
- Car and bus hire

Visit [here](#) for a quote today.

DRAW CHANGES

All registered Team Official will be informed about draw changes. Any changes made will also be announced via the KEEPUP Kanga Cup official website and social media. Teams are not permitted to change divisions/pools after draw is released.

REFEREES

The KCOC aims to appoint one registered referee to each match. There is no guarantee that assistant referees would be provided. Teams must be prepared to provide an assistant referee where required.

SHIN GUARDS

Shin guards are compulsory as per the FIFA Laws of the Game; no player will be permitted to play without them. Shin guards must be covered entirely

by stocking and made of suitable material to provide reasonable protection.

JEWELLERY & GLASSES

Players and goalkeepers must not use equipment which is dangerous to them or to other players; this includes *any kind* of jewellery.

Players are able to wear glasses; referees are to show tolerance regarding wearing glasses, especially for younger players. Referees are not experts on whether glasses are safe or not, the onus falls back onto players/officials and/or parents.



WITHDRAWALS & REFUNDS

If a team withdraws from the competition,

- \$250 deposit is non-refundable
- Teams who withdraw on or after May 22 will forfeit 100% of entry fees.

ENTRY AND PAYMENT

A non-refundable deposit of \$250 will be required upon registration to confirm your team's spot in the competition.

KEY DATES

Feb 14: Registrations open online (Early Bird). \$50 discount

Feb 28: Early bird discount end. Team registration still open

May 22: Team registrations close & final amount due 5pm (revised)

May 30: Provisional pools for each competition released* (Teams will have until 1st June to send feedback)

June 5: Final Pools released*

June 2: Dispensations due

June 13: Final draw published* (small changes may be made at the discretion of KCOC)

June 14: Final registrations due (player/team details, proof of age and Code of Conduct)

July 2: Opening Ceremony

July 2/3: Matches Begin

July 7: Grand Finals Day

*Key dates are subject to change at the discretion of KCOC



ENTRY COSTS 2023

	U9 12 players + 3 officials	U10-12 14 players + 3 officials	U13-18 16 players + 3 officials	AWD 14 players + 3 officials
REGISTRATION FEE (TEAM FEE) (\$AUD)*	\$1150	\$1350	\$1550	\$550
DEPOSIT (DUE WITH NOMINATION)	\$250	\$250	\$250	\$250
DEPOSIT DUE DATE	Time of Nomination	Time of Nomination	Time of Nomination	Time of Nomination
FULL BALANCE DUE DATE	May 22	May 22	May 22	May 22

* Please note that in 2023 all registration fees will incur an online processing fee on top of the registration fee.

Information regarding withdrawing nominations and refunds can be found on Page 9.

Please note that all registration fees are per team. The entry fees cover participation in the competition (including hire of facilities, cleaning, and referee fees) as well as a team kit bag, an official program, training ball, a gift for each player, vouchers and discount coupons, entry to the opening ceremony and access to events throughout the week for both players and officials.



AWD: ATHLETES WITH DISABILITY

Teams competing in the AWD competition will take part in tournament matches on Tuesday and Wednesday against other teams in the competition. The top four teams at the end of the two days will progress to the semi-finals on Thursday with the winners to play in the Grand Final.

Grand Final will take place on Friday at Southwell Park with the rest of the KEEPUP Kanga Cup Grand Finals.

	AWD COMPETITION
REGISTRATION FEE (\$AUD)*	\$550
DEPOSIT (DUE WITH NOMINATION)	\$250
DEPOSIT DUE DATE	Time of Nomination
FULL BALANCE DUE DATE	May 8

* Please note that in 2023 all registration fees will incur an online credit card processing fee on top of the registration fee.

Fun friendly games are played with the aim of providing a chance to meet new players and enjoy a day of football with players from other states. Games will be 40 minutes in length – 2 x 20-minute halves. 7v7 played on a 60m (length) x 40m (width) field.



TOURNAMENT CODE OF CONDUCT

This code of behaviour is applicable to all players, referees, coaches, managers, and officials registered and involved in the KEEPUP Kanga Cup competitions. Any breach to this Code of Conduct will be subject to disciplinary action by the KEEPUP Kanga Cup Disputes & Disciplinary Committee and Capital Football. By signing up for the KEEPUP Kanga Cup tournament, you are agreeing to the conditions.

- a) All players, coaches, managers, and club officials are to play the game in a spirit of fair play, accepting of the referee's decision and abiding by the Laws of the Game.
- b) All players, coaches, managers, and club officials must not, during the course of, or after a match, under the jurisdiction of Capital Football, abuse or address a Referee or Assistant Referee in an insulting or offensive manner.
- c) All players, coaches, managers, club officials and referees must not engage in violent acts, verbal abuse, offensive language, or behaviour, or acts likely to incite others, including spectators. To engage in such behaviour or any other conduct is detrimental to the spirit and image of the game.
- d) All players, coaches, managers, officials, and referees at all times must, while under the control of KEEPUP Kanga Cup fixtures, act, dress and behave in public in a manner which does not bring the game or the KEEPUP Kanga Cup into disrepute.
- e) All players, coaches, managers, club officials or referees shall not, at any time, make any comment in any publication, whether written, televised or broadcast, which is detrimental to the interests, welfare or image of the KEEPUP Kanga Cup and Capital Football.
- f) All players, coaches, managers, club officials or referees shall not, at any time, utilise the image rights of players, officials, referees, spectators, staff, and other people that are in the vicinity of authorised KEEPUP Kanga Cup activities for whatever purpose without the permission of those whose image is taken.
- g) All managers, coaches and club officials will endeavour to control the behaviour of team supporters to accord with the general principles of the Code of Conduct as detailed herein.
- h) All participants always must comply with any reasonable direction, given by any KEEPUP Kanga Cup official at any of the playing venues, in respect to behaviour at a match, keeping the playing field clear and in endeavouring to assist officials in maintaining control of spectators and players.
- i) Failure to comply with all or part of the KEEPUP Kanga Cup Code of Conduct will be subject to disciplinary as determined by Capital Football or the KEEPUP Kanga Cup Disputes & Disciplinary Committee.



CONTACT US!

For more information about the tournament, registration, entry fees, accommodation or Canberra please contact the KEEPUP Kanga Cup Organising Committee

KANGA CUP

Email: info@kangacup.com

Website: <http://kangacup.com>