

Competition Regulations



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SECTION 1: ORGANISATION

1.1 Application and Definitions

- a. Where Kanga Cup Competition Regulations are silent on any particular aspect, then all Teams, affiliated bodies and organisations shall first have regard to the Constitution, By-Laws, FFA rules and regulations and where applicable rules and regulations of the Asian Football Confederation and FIFA
- b. If any part of the Kanga Cup Competition Regulations is void then that part shall be severable and will not affect the enforceability of the remaining sections of these Regulations
- c. The KCOC will interpret and apply all articles of these and any such interpretation or application will be final and binding on all parties
- d. These Regulations apply to Participants in the following Tournament unless stated otherwise:
 - i. Kanga Cup
- e. Terms defined in the KC Disputes & Disciplinary Regulations shall have the same meaning in these Regulations unless stated otherwise
- f. Unless stated otherwise, within these Regulations:

Away Team means the Team listed second in the draw

CF means Capital Football.

Championship Stage means the Matches played as part of the Finals series following the conclusion of the Group Stage.

Competition means all Matches that are played during the Kanga Cup, encompassing the Group Stage, Championship Stage and Consolation Matches

Consolation Matches means Matches which are played after the Group Stage for Teams who do not qualify for the Championship Stage

Division means the playing level in which the Team is participating

FFA means Football Federation Australia

FFA Number means a Player's national registration number

FIFA means Federation Internationale De Football Association

Group Stage means those Matches included in regular season played between Teams in the group, not including the Championship Stage or Consolation Matches

Home Team means the Team listed first on the draw

KC means Kanga Cup

KCOC means the Kanga Cup Organising Committee

Match means a game of Football

Match Official means a referee, Game Leader, assistant referee, fourth official or referee coach

Player means a person who is registered to play in a Team in the Tournament

Pools means the arranging of Teams within a Division into smaller groups for Competition purposes

Regulations means the Kanga Cup Competition Regulations

Team Official means any registered participant of the Team other than a Player

Team means a group of Players fielded by a Club to participate in the Kanga Cup

Tournament means the entire Kanga Cup, encompassing all Matches, events and ceremonies which may take place

1.2 Control of Competitions

- a. The administrative control and conduct of the Competition is vested in the Kanga Cup Organising Committee (KCOC)

1.3 Alterations

- a. The Kanga Cup organisers will have the power to make changes to or rescind the Tournament program, Tournament Regulations and/or scheduling of fixtures at any time in the lead up to and during the Tournament. The organisers also reserve the right to change, amend and/or update any information in these Regulations

1.4 Disciplinary Sanctions and Proceedings

- a. All Teams, Players, Team Officials, referees, spectators or any person participating in any manner at the Tournament will submit exclusively to the jurisdiction of the Kanga Cup Disciplinary Regulations

1.5 Consequences for Breach

- a. Any breach of these Regulations or failure to comply with any direction therein may result in a fine or other sanction pursuant to the Disciplinary Regulations

1.6 Unforeseeable Circumstances

- a. Nothing in the Regulations shall prevent the KCOC from approving a course of action to meet unforeseeable circumstances not covered by the Regulations

1.7 Special Consideration

- a. The KCOC will have the power to consider individual circumstances outside the prescribed limits of the Regulations should it be clear that those special considerations are in the interests of the game
- b. The decision by the KCOC to review and consider individual circumstances under this section is not subject to appeal or review

SECTION 2: TECHNICAL REGULATIONS

2.1 Matches Played in Accordance with the Laws of the Game

- a. All fixtures shall be played in compliance with the Regulations in force at the time and in accordance with FFA and Capital Football By-Laws, regulations, codes and directives, and under the Laws of the Game as approved by FIFA except where specifically stated in these Regulations
- b. For U9-11 Competitions MiniRoos National Playing Formats and Rules apply with the addition of publishing of Match results and points tables, and the occurrence of a Finals Matches (Championship Stage)

2.2 Competition Format

- a. The Tournament will be played as a Group Stage followed by a Championship Stage with the possibility of Consolation Matches for Teams not involved in the Championship Stage

2.3 Group Stage (Pool Matches)

- a. Competitions may be split into Pools depending on the number of Teams who nominate. The KCOC will determine the placement of Teams into Pools.
- b. The Group Stage will comprise of Teams playing all the other Teams in their Pool once
- c. The positions within the Group Stage will be determined using the following points for results
 - i. Win: 3 Points
 - ii. Draw: 1 Point
 - iii. Loss: 0 Points
 - iv. Forfeit For: 3 Points (+3 Goal Difference)
 - v. Forfeit Against: 0 Points (-3 Goal Difference)
- d. In instances where Teams are equal on points at the conclusion of the Group Stage, the following will be used to determine positions (in order as listed below):
 - i. The Team with the greater goal difference
 - ii. The Team with the most goals for
 - iii. Head to head result/s between the involved Teams (where only two Teams are to be separated)
 - iv. Head to head goal difference between the involved Teams (where only two Teams are to be separated)
 - v. Random draw by the KCOC

2.4 Championship Stage

- a. The Championship Stage may consist of a combination of quarter, semi and grand finals, and Consolation Matches where appropriate
- b. Qualification to and the format of the Championship Stage Matches will be determined by the number of Teams in each individual Division
- c. Grand finals for all Divisions will take place on the final day of the Tournament

2.5 Divisions

- a. Teams will be asked to nominate for their preferred Division when registering
 - i. The practice of playing in a Division below your ability is against the spirit of this Tournament
 - ii. The KCOC will monitor results and take appropriate actions as required against Teams who are found to have nominated for a lower Division
 - a. These actions may include but are not limited to having their Competition points removed, moved to a higher division, and/or being ineligible for finals
 - b. In extreme cases this could also result in expulsion from the Tournament
- b. The following Divisions may be offered to Teams for nomination
 - i. Cup – for Premier League Teams, district representative Teams, academies and consistent Division One Teams
 - ii. Plate – for newly promoted Division One and Division Two Teams
 - iii. Shield – for Teams from lower divisions
- c. Due to the history of the number of entries in certain age groups, not all Divisions will be offered in all age groups
- d. The KCOC reserves the right to merge Divisions and/or age groups based on the number of entries received
- e. If a Division does not have a sufficient number of Teams to go ahead, Teams will be entered in the Division that the KCOC feels best matches their ability
- f. If there are an odd number of Teams in a Division, the KCOC reserves the right to ask a Team to move up/down a Division as necessary to ensure equality in the draw across all Teams in both Divisions
- g. To allow for fair and efficient Competition structures the KCOC reserves the right to apply the following maximum numbers to each division
 - i. Cup Division: 16 Teams
 - ii. Plate Division: 24 Teams
 - iii. Shield Division: 24 Teams
- h. Should a Team wish to nominate for a Division that has already reached capacity the Team will be provided with the option of being placed in an alternate Division, in the order listed below
 - i. The higher Division of the nominated age group; or
 - ii. The corresponding Division in the age group above; or
 - iii. Placed on a waiting list for that Division (please note that this does not confirm your registration to the Tournament)

2.6 Grading of Teams

- a. Teams are required to give information about their past season's performance as part of their registration (including domestic competition division and standings, and Kanga Cup Division and standings if applicable)
- b. The KCOC reserves the right to place a Team in a different Division to which they have nominated if their ability is questioned. The KCOC also reserves the right to reject changes to the Team's nominated Division after their registration has been accepted

2.7 Team

- a. The following numbers of Players are the maximum numbers allowed to participate in a Match in each of the different age groups

Age Group	Players on field	Maximum Players on Match card
U9	7 (including 1 goalkeeper)	12
U10-11	9 (including 1 goalkeeper)	14
U12-18	11 (including 1 goalkeeper)	16
AWD	7 (including 1 goalkeeper)	16

- b. Only Players who are listed on the Match card will be eligible to take part in a Match. Teams who have more Players registered than the maximum number allowed will still only be allowed to use the maximum number in each Match

2.8 Match Balls

- a. The KCOC will supply a match ball for each Match
- b. The match ball may not be changed at any time during the Match without the permission of the referee
- c. The following sizes are applicable to the different age groups:

Age Group	Ball
U9	Size 3
U10-13	Size 4
U14-18	Size 5
AWD	Size 5

2.9 Match Duration

- a. Playing times will be as follows in the different age groups

Age Group	Playing time	Half time interval
U9	2 x 20 minutes	5 minutes
U10-11	2 x 25 minutes	5 minutes
U12-13	2 x 30 minutes	5 minutes
U14-18	2 x 35 minutes	5 minutes
AWD	2 x 25 minutes	5 minutes

- b. Due to tight scheduling there will be no stoppage/injury time added on to any Match under any circumstances (including finals Matches)
 - i. In the event of a serious injury to a Player, the referee will stop the Match to allow the Player to be removed from the field of play (if appropriate) however the clock will continue
 - ii. The clock will also continue for stoppages that occur during half time

2.10 Extra Time and Determining a Winner by Penalty Kicks

- a. There will be no extra time played in any Group Stage Matches in the event of a draw at the conclusion of normal time
- b. Should scores be equal at the conclusion of a Championship Series Match, extra time shall be played as follows:

Age Group	Duration of extra time	Half time interval
U9-11	5 minutes each way	No interval
U12-18	10 minutes each way	No interval
AWD	5 minutes each way	No interval

- c. There shall be an interval of two (2) minutes at the end of normal playing time and the commencement of the first period of extra time, for all age groups
- d. If at the end of extra time, scores are still drawn, alternate kicks from the penalty mark shall be taken to determine the winner, in accordance with the procedures described in the Laws of the Game

2.11 Results

- a. Results will be uploaded and available through the relevant competition management system or website as soon as practical after the completion of the Match.

2.12 Interchanges

- a. Unlimited interchanges of Players listed on the Match card in accordance with the FIFA Laws of the Game will be allowed during all Matches in all age groups at the Tournament
- b. An interchange is only permitted when the referee has indicated that a change can be made, from the halfway line while the ball is out of play, except for U9-U11 who are allowed to interchange while the ball is in play
- c. If a Referee deems that a Team is contravening the spirit of the game by interchanging excessively to waste time or disrupt the flow of the Match, they may refuse to allow an interchange and caution the offending Team if deemed appropriate

2.13 Technical Area and Code of Conduct for the Technical Area

- a. Only registered and eligible Players and Team Officials are allowed in the technical area during Matches. Teams can register up to three (3) Team Officials, who will be issued with accreditation to be worn at all times when inside the technical area and/or Match restricted areas

- i. Additional Team Officials can be registered however Teams will only be issued with accreditation for three (3) Team Officials to be inside the technical area
- b. A maximum of three (3) Team Officials are allowed in the technical area at any one time
- c. Coaching and encouragement in suitable language is permitted from the Team bench and technical area but no comments are to be directed to or about referees, opposing Players or Officials
 - i. Abusive or derogatory comments will not be tolerated. Offenders may be ordered from the facility by referees or Kanga Cup staff

2.14 Match Schedule

- a. The KCOC reserves the right to make changes in the Match schedule concerning Divisions, timings and fields at any time in the lead up to and throughout the Tournament

2.15 Venues

- a. The Kanga Cup is mostly played on outdoor grass fields, with some outdoor synthetic pitches available for use if required

2.16 Forfeits

- a. Teams will be deemed to have forfeited a Match if:
 - i. They fail to fulfil an engagement to play a Match on the appointed date, time or venue; or
 - ii. At the start of a Match they are unable to field:
 - a. Five (5) of their registered Players for U9
 - b. Six (6) of their registered Players for U10-11
 - c. Seven (7) of their registered Players for U12-18; or
 - iii. They are unable to commence a Match within ten (10) minutes of the scheduled start of play
 - a. If both Teams are not ready to commence, the referee and assessor may consult with the Venue Manager to come to a decision regarding the result of the Match
 - b. The referee is the sole judge of time and no discussions around the time Teams take the field will be entered into
 - c. For a Team to claim a forfeit under the above regulation they must have taken the field and be ready to play
 - iv. They field or list on the Match card an ineligible Player; or
 - v. Any other scenario within these Regulations or the Kanga Cup Disciplinary Regulations that stipulates a forfeit of the Match

- b. In the event of any Team forfeiting its Match the following procedure shall take effect:
 - i. Full points allocated for the Match shall be forfeited to its opponents and the goals recorded according to three (3) goals scored by the Team getting the points to nil (0) by the Team who has forfeited.

2.17 Abandoned Matches

- a. Matches may only be abandoned by a decision of the Match Official
- b. A Match will be abandoned if:
 - i. Any Team has its playing numbers reduced for any reason to below:
 - a. Five (5) of their registered Players for U9
 - b. Six (6) of their registered Players for U10-11
 - c. Seven (7) of their registered Players for U12-18
 - ii. The lighting at the venue fails such that in the opinion of the Match Official it is impossible or unsafe to continue to play.
 - iii. The Match Official determines that playing conditions have become unsafe or untenable for any reason, or
 - iv. The Match Official, in consultation with security staff, KC staff and ground Officials, determines that the conditions for Players, coaches, Match Officials or supporters have become unsafe or untenable for any reason.
- c. Where abandonment occurs, the Match Official/s and appropriate ground staff are to provide a written report to the KCOC who shall determine the outcome based on the circumstances that brought about the abandonment
- d. If 80 percent or more of normal time of a Match has been played, then the score at the time of abandonment will stand unless the matter is referred to the KCOC Disputes and Disciplinary Manager
- e. If less than 80 percent of normal time of a Match has been played before the time of abandonment, the score at the time of the abandonment is null and void. The Match may be replayed in full at a time to be determined by KCOC, however there is no obligation to do so.
 - i. Where abandonment occurs and the KCOC determines that one (or both) of the competing Teams, or its Team Associates were directly responsible for the abandonment then one of the following outcomes may be imposed:
 - a. Match to be awarded as a “No Result”. In this situation, no points will be awarded to either Team for that Match
 - b. Award Match result as 0-0 draw
 - c. Award result 3–0 to the non-offending Team unless the score at the time of abandonment was greater and in favour of the non-offending Team
 - d. Match result to stand
 - e. One or both Teams involved may be expelled from the Tournament

- ii. In the event that the conduct of a particular Team brought about the abandonment, then that Team shall be asked to show cause as to why they should not be banned from the remainder of the Tournament. That advice should be in writing and delivered to the Kanga Cup Headquarters no later than three (3) hours after the Match completion

SECTION 3: ELIGIBILITY AND REGISTRATION

3.1 Team Eligibility

- a. Australian Teams
 - i. Entry to the Kanga Cup is available to affiliated clubs and associations of an FFA Member Federation, and schools. Under special circumstances permission may be granted by the KCOC for an academy or composite Team to participate in the Tournament
 - ii. All Australian Teams must be sanctioned by their association and Member Federation
 - iii. All Australian Teams must include a letter of sanction from their Member Federation to fulfil the protocols involved with visiting another part of the Australian Football Family. Letters of sanction need to state that the registered participants of the travelling Team are covered by the Member Federation's insurance. Please check with your Member Federation that this is the case
 - iv. Player details including name, date of birth and FFA number must be submitted with Player registrations. In the case of interstate Teams, an official club letter verifying that the information provided is accurate must also be sent through to the KCOC
- b. International Teams
 - i. Entry to the Kanga Cup is only available to an affiliated club of a member of an international Football Association affiliated with FIFA or a school
 - ii. All international Teams must include a letter of sanction from their National Football Association (or school) to fulfil the protocols involved with visiting another part of the International Football Family. International Teams must also have proof of travel insurance to cover personal accident or injury
 - iii. International Teams need to list their Players' names, dates of birth and provide official proof of age

3.2 Player Eligibility

- a. All Australian Players must be registered with the FFA (as per the National Registration Regulations), indicated by a current FFA number
- b. All international Players must be registered with their respective club/school or National Association
- c. All Players must be registered to and play for the Team they are representing in the Kanga Cup unless written approval is provided by the KCOC
- d. Players must be registered to their appropriate Team for the Kanga Cup and can only play for that Team for the duration of the Tournament
- e. Players must be listed on the Match card for any Match in which they take part
- f. Players must meet the age requirements for their particular age category
- g. Players agree to be bound by the Kanga Cup Competition Regulations, Disciplinary Regulations and FFA Code of Conduct

3.3 Team Official Eligibility

- a. All Team Officials must possess a Working with Vulnerable People card issued from the ACT Government or state equivalent
- b. Team Officials must be registered to all Teams for which they will be acting as a Team Official
- c. Each Team will receive three (3) Team Official Identification passes in their Team kit
- d. These passes must be clearly displayed by all Team Officials throughout the Tournament, and any Team Officials who do not have their official identification will be unable to access the technical area during the Match

3.4 Age Eligibility

- 3.1 Age eligibility is determined by the Player's age as at 31st December in the year of the relevant Kanga Cup

Age Group	Birth Date
U9	Born on or after 1 st January 2009
U10	Born on or after 1 st January 2008
U11	Born on or after 1 st January 2007
U12	Born on or after 1 st January 2006
U13	Born on or after 1 st January 2005
U14	Born on or after 1 st January 2004
U15	Born on or after 1 st January 2003
U16	Born on or after 1 st January 2002
U17	Born on or after 1 st January 2001
U18	Born on or after 1 st January 2000
AWD Mixed	No age restriction

3.5 Registration Periods

- a. Any Team not registered when the Team registration period ends may be entered onto a waiting list but will not be guaranteed acceptance into the Tournament

3.6 Player Identification

- a. All Players will be required to have a Kanga Cup ID Card on them at all times during the Tournament. There is a template on the Kanga Cup website
- b. Opposition Team Managers may request to see a Player's ID Card if there are disputes over eligibility

3.7 Tournament Identification

- a. All registered participants (Players and Team Officials) will receive Tournament identification in the form of a wristband to be worn throughout the week of the Tournament
- b. Wristbands will be required for participants to participate in a Match, gain entry into Tournament events or to take part in specials reserved for Kanga Cup participants
- c. Before kick-off, the referee will check that all Players listed on the Match card have a valid Tournament wristband and Players without a wristband will be ineligible to take the field
- d. Broken wristbands will need to be produced at Kanga Cup Headquarters in order for a new one to be obtained

3.8 Dispensation Requests

- a. Teams wishing to use a Player who does not fulfil all of the eligibility criteria mentioned above must make a formal request on signed club letterhead to the KCOC including the following details:
 - i. Player's name, FFA Number, Date of Birth
 - ii. Team name and Division
 - iii. Dispensation type
 - iv. Why the dispensation is required
- b. In considering the requests submitted, the KCOC shall take into account the following principles:
 - i. That it is an objective of the Kanga Cup that all who wish to play football are given every opportunity to do so
 - ii. That no unfair advantage should accrue to a Team through the granting of the request

3.9 Dispensation Approvals

- a. There is no guarantee that requests submitted by Teams will be approved by the KCOC
- b. Approval of a request by the KCOC shall be for the current playing year only and shall be subject to renewal in any subsequent year. Failure to seek such approval will result in the imposition of a penalty

3.10 Underage Players

- a. Players can play up to two age groups above their birth year. Players wishing to play more than two years above their birth year must make a formal dispensation request, and must also provide:
 - i. A statement by the coach of the Team assessing whether the Player's skill level is appropriate for competing in the older age group

- ii. A statement from the association that the club belongs to indicating that the request is for the development of the Player and the nominated age group is the most appropriate one for this process
- iii. A statement from the Player's parent acknowledging that the parent has been informed by the club of the physical, skill and emotional demands of playing in the higher age group
- iv. A medical/physio assessment completed by a qualified medical practitioner. The assessment must state that in their opinion the Player is physically capable of playing in the higher age group

3.11 Overage Players

- a. A Team wishing to play a Player in an age group below his/her birth year must make a formal dispensation request
- b. No Team shall be permitted to include more than one overage Player except in special circumstances
- c. In considering the request, the KCOC shall also take into account whether the Player has an ongoing disability impairment that renders them uncompetitive in their actual age group
- d. Teams with overage Players may be required to compete in a higher age group as decided by the KCOC

3.12 Relative Age Effect Players

- a. Under the Relative Age Effect (RAE), Players whose birthdates fall in the last three months of the year may be eligible to play for a Team in the age group below their birth year and be given status as an RAE Player as approved by the KCOC
- b. Exemptions for RAE Players do not apply to the U18 Divisions
- c. Teams are limited to a maximum of three RAE Players
- d. A Team seeking exemption for an RAE Player must make a formal dispensation request

3.13 Player Loans

- a. Under the FFA National Registration Regulations, Players are only allowed to be registered to and therefore play with one club at a time. A Team may borrow up to three Players from another club/s to play for their Team during the Tournament.
- b. Teams wishing to borrow Players from another club year must make a formal dispensation request, and must also provide:
 - i. Written permission from the Player's usual club releasing them for the duration of the Tournament
- c. This does not guarantee that your member federation will sanction your Team so you will need to seek clarification with them

3.14 Composite Teams

- a. Teams wishing to create a Composite Team with Players from different Clubs will need to be regarded as a representative Team by an association and must make a formal dispensation request. This will need to be accompanied by the following:
 - i. Written permission from each of the Players' usual clubs releasing them for the duration of the Tournament
 - ii. A letter from the Association or Club that the Team will be forming under, stating that they give permission for this to happen and will sanction the Team. Please note that there is no guarantee that your Member Federation will sanction your Team so you will need to seek clarification on this.
- b. Academy Teams who nominate as a Composite Team may be restricted to competing in the Cup Division

3.15 Female Players in Male Teams

- a. The playing of females in male Teams is permissible. They may be up to one year above the male age category in which they compete without requiring approval from the KCOOC

SECTION 4: MATCH CARDS AND ONLINE RESULTS

4.1 Match Cards

- a. Only Players who are listed on the Match Card within the Kanga Cup Tournament app will be permitted to take part in the Match
- b. The Match card is required to contain the shirt number that each Player will wear for the duration of the Match
- c. An Official for each Team will be responsible for removing any Player who is not participating in the Match, 30 minutes prior to the Match commencing using the Kanga Cup Tournament app. Any Player whose name appears on the Match card will be deemed to have played in that Match
- d. No alteration to the Match card may be made without the consent of the opposing Team manager
- e. Results will be deemed final once both Team Officials have confirmed the result using the app, as well as liaising with the referees. Once confirmation is received scores will not be altered

4.2 Online Results

- a. Results will be entered online by the Results Manager at each Venue within one hour of the Match concluding and will need to be confirmed by each Team Manager within two hours

SECTION 5: REFEREES

5.1 Referees

- a. Australian or internationally registered referees will be assigned to Matches
- b. Teams must be prepared to provide an Assistant Referee if necessary
 - i. In Matches where just one (1) Assistant Referee has been allocated, the Team listed first on the draw will be responsible for providing an Assistant Referee
 - ii. In Matches where no Assistant Referee has been allocated, both Teams will be responsible for providing one (1) Assistant Referee each
 - iii. Assistant Referees provided by Teams will only be permitted to determine whether a ball is in/out of play
- c. Referees are evaluated by assessors throughout the week
 - a. These evaluations are used to determine future referee appointments including Championship Stage Matches

5.2 Referee Appointments

- a. The appointment of referees to Matches will be made by the KCOC, who may utilise such other persons as deemed necessary to assist in the carrying out of this responsibility

SECTION 6: EQUIPMENT REGULATIONS

6.1 Players' Basic Equipment

- a. Players' basic equipment includes shirts, shorts, socks, shin guards and boots
- b. All Players are required to wear all items of basic equipment for each Match

6.2 Playing Uniforms

- a. Each Team must have both a primary playing strip and alternate strip of another colour
 - i. Teams are responsible for informing the KCOC of their proposed primary and alternate playing strip colours during registration, as well as any changes to this afterwards
 - ii. If two Teams playing in a Match are wearing similar colours in the opinion of the referee, the Team named second in the draw will be responsible for using their alternate strip
 - iii. Team shirts must be the same across the Team, with a unique number on the back for each Player, as recorded on the Match card
 - i. The numbers on the jersey must be of a contrasting colour to the jersey in the opinion of the Referee
 - ii. The sharing of shirts is not permitted during a Match
- b. Socks must be long and matching across the entire Team
- c. Goalkeepers must wear a unique numbered shirt in a different colour to distinguish them from other Team members. They are also required to have an alternate strip in a different colour
- d. Goalkeepers can wear either shorts or tracksuit pants
- e. Non-dangerous protective equipment, for example headgear, facemasks and knee and arm protectors made of soft, lightweight padded material is permitted, as are goalkeepers' caps and sports spectacles
- f. Beanies can be worn
- g. Gloves can be worn, however they must be deemed to be not dangerous or excessive in material

6.3 Compression/Thermal Undergarments

- a. Undershorts are permitted to be worn
 - i. They must be either the same colour as the shorts of the primary or secondary kit, or black, white or skin coloured
- b. Undershirts are permitted to be worn
 - i. They must be either the same colour as the sleeve of the primary or secondary kit, or black, white or skin coloured

6.4 Jewellery

- a. All items of jewellery (including but not limited to necklaces, rings, bracelets, earrings, leather or rubber bands) are forbidden and must not be worn during Matches
 - i. Piercings or jewellery which are required for medical reasons may be granted an exemption